

SPA MENU

Facilitated on-site at Kruger Shalati by Dee's African Spa

Spa Hours: 08h00–15h30, Monday to Sunday.
Please book at least 24 hours in advance.

All spa treatments are offered in the privacy and comfort of your room. Should you prefer a treatment at the Northern Deck, this can be arranged subject to favourable weather conditions. Please note that an additional surcharge may apply.

SKINCARE TREATMENTS

INTENSIVE HYDRATION FACIAL

60min - R1 725

Restore your skin's natural radiance with this intensely hydrating facial. A customised cleanse, soothing Marula & Rose essence massage and hyaluronic acid infusion work together to replenish moisture, revive tired skin and leave your complexion refreshed, plump and glowing. Suitable for all skin types.

RESTORING SKIN-SOOTHER FACIAL

60min - R1 725

Quench | Revitalise | Renew

A calming facial designed to restore sun-exposed or environmentally stressed skin. Enriched with nutrient-rich superfoods, herbal shea oils and gentle botanical boosters, it deeply nourishes and revitalises without the use of artificial chemicals.

HEALING EARTH FACIALS

High-Performance Facial with Tri Enzyme Synergy
90min - R2 450

Renew | Resurface | Rejuvenate

Reveal a smoother, more radiant complexion with this enzyme-powered facial. Papaya and pineapple enzymes gently exfoliate while Matrixyl peptides help support collagen production, improving skin texture and softening the appearance of fine lines. Suitable for all skin types.

GENTLEMAN'S FACIAL

60min - R1 295

Tailored to your skin's unique needs, this deep-cleansing facial for men refreshes, nourishes and revitalises, leaving your complexion feeling healthy, balanced and renewed.

SHALATI CUBS

Shalati Cubs treatments offer gentle, age-appropriate therapies using premium products for delicate skin, creating a safe and relaxing wellness experience for younger guests.

JUNIOR RANGER

30min - R575

Perfectly tailored for younger guests, this relaxing treatment includes a choice of a back, neck and shoulder massage, Tribal Head Massage, or a soothing hand or foot massage.

KIDDIES MASSAGE

45min - R720

A gentle full-body massage using light, soothing pressure to help young guests relax, unwind and enjoy a calming spa experience.

AFRICAN PRINCESS

60min - R935

A delightful spa experience for young guests, featuring a mini facial, a relaxing back, neck and shoulder massage, and a choice of a manicure or pedicure. The perfect treat for a little pampering.

HEALTH & SAFETY

- A consultation form must be completed before your first treatment.
- Please disclose any health conditions, allergies, injuries or medical concerns that may affect treatment.
- Kruger Shalati may refuse treatment where it is considered unsafe.

PREGNANCY

- Some treatments may not be suitable during pregnancy. Please advise us when booking.
- Treatments will be adapted to protect the wellbeing of mother and baby.
- As a precaution, treatments may be postponed during the first trimester.

SIGNATURE TREATMENTS

African spa ritual therapies have been practised for centuries, promoting health, healing and holistic wellbeing. Our signature experiences draw on this time-honoured wisdom, combining nature's finest ingredients with the latest wellness techniques to create deeply restorative and rejuvenating treatments.

XIGIYA "KNOBKIERIE" MASSAGE

90min - R1 725

Experience a unique full-body massage using the traditional Xigiya Stick (knobkierie) to release deep-seated tension, improve circulation and soothe tired muscles. The treatment is completed with a restorative Tribal Head Massage.

SHALATI EXPRESS

90min - R2 050

Choose any combination of three express treatments below for a personalised experience tailored to your needs.

- 30min Head Massage
- 30min Foot Massage
- 30min Back, Neck & Shoulder Massage
- 30min Express Facial
- 30min Express Manicure
- 30min Express Pedicure

GUEST FAVOURITE

THE MATRIARCH

160min

R4 195 (Duo) | R2 160 (Single)

Indulge in the ultimate escape with a deeply relaxing Aromatherapy Massage or Hot Stone Massage, followed by a luxurious Africology facial. This blissful pairing melts away tension, restores your natural glow and leaves your body renewed, your skin radiant and your mind completely restored.

COUPLE RECONNECT

60/90min - R2 800/R3 050

Begin with a soothing foot ritual before unwinding side by side with your partner. Two dedicated therapists deliver a luxurious shared experience, leaving you both relaxed, restored and reconnected.

THE SOUL OF AFRICA

Signature traditional massages

AFRICAN SHEA BUTTER POULTICE

60/90min - R1 795/R2 350

Experience a full-body massage inspired by African traditions, featuring nourishing body butters and warm herbal poultices. While African ingredients moisturise your skin, the blend of herbs and minerals supports healing and boosts circulation. Select the body butter that best matches your preferences.

STRESS RELIEF MASSAGE

60/90min - R1 380/R1 500

Gentle kneading and rhythmic tapping strokes target the upper layers of muscle, leaving your body relaxed and energised.

HOT STONE MASSAGE

60/90min - R1 425/R1 600

The soothing warmth of heated lava stones deeply relaxes the muscles, allowing for deeper, more effective massage techniques while easing tension and promoting complete relaxation.

AROMATHERAPY MASSAGE

60/90min - R1 425/R1 600

Aromatherapy massage combines the therapeutic benefits of essential oils with the healing power of touch. Absorbed through the skin and inhaled, the oils help ease tension, calm the mind and restore balance, leaving you feeling deeply relaxed and renewed.

BACK, NECK & SHOULDER

30/45min - R895/R1 100

Melt away built-up tension with this targeted back massage, designed to relieve tight muscles and stubborn knots in the upper and lower back. Focusing on the shoulders and other areas of stress, it improves circulation, eases discomfort and leaves your body feeling lighter, looser and deeply relaxed.

DEEP TISSUE MASSAGE

60/90min - R1 425/R1 600

Targeting the deeper layers of muscle and connective tissue, this therapeutic massage is ideal for releasing chronic tension and persistent tightness. Perfect for stiff necks, sore shoulders and lower back discomfort, it helps restore mobility, ease muscle fatigue and leave you feeling renewed.

HAND AND FOOT TREATMENTS

Step away from everyday life with a moment of considered care. Hands or feet are gently massaged, nails beautifully shaped and skin deeply nourished, leaving you refreshed and restored.

AFRICAN HANDPRINT JOURNEY

75min - Regular Polish R645 | Gel Polish R795

Nails are beautifully shaped, cuticles cared for and hands soothed with a nourishing massage, finished with your choice of Nail Lacquer or Gel.

AFRICAN FOOTPRINT JOURNEY

75min - Regular Polish R829 | Gel Polish R970

Feet are soaked and exfoliated, with expert nail and cuticle care, followed by a soothing massage and your choice of Nail Lacquer or Gel.

HANDPRINT OR FOOTPRINT CEREMONY

45min - Hands R500 | Feet R645

A refined grooming ritual combining a soothing soak, exfoliation, nail and cuticle care, and a relaxing massage for impeccably groomed hands or feet.