



## IN-ROOM SPA TREATMENTS BY DEE'S AFRICAN MOBILE SPA

### OUR PHILOSOPHY

As we believe in holistic health, treatments can be tailor-made according to your needs, so feel free to mix and match. We have created a special menu with powerful ingredients to heal, restore and rejuvenate. Embark on a spa journey with us towards peace and serenity, right in the heart of the bush.

### MASSAGE RITUALS

#### SWEDISH MASSAGE

A blend of Swedish massage techniques to invigorate the muscles, energise the body, increase blood circulation and release tension.

60 min | R830

90 min | R1020

#### DEEP TISSUE MASSAGE

A more intense massage that focuses on the deeper layers of the muscle and connective tissue. Deep Tissue Massage is often recommended for individuals who experience consistent pain and soreness in both large and small muscle groups.

60 min | R840

90 min | R1045

#### AROMATHERAPY MASSAGE

A fragrant and uplifting full-body or targeted massage using pure aromatherapy oils according to your unique needs.

60 min | R840

90 min | R1045

#### HOTSTONE MASSAGE

Our signature African hot stone massage blends the penetrating heat of warm stones or copper pebbles with firm, flowing strokes. Melt away tight muscles and release muscular and emotional tension throughout the body with this relaxing and invigorating massage.

90 min | R1070

### FOOT RITUALS

This unique treatment combines the benefits of aromatherapy and reflexology, leaving your feet feeling soft and smooth - ideal for dry, tired, aching feet.

#### PEDICURE

Feet are soaked, skin is gently exfoliated, cuticles are perfected, toenails are clipped, reshaped, buffed and polished. Feet are massaged and finished with a fresh coat of nail polish (if preferred).

60 min | R480

## FACIAL THERAPY

Your skin tells a tale as unique as your fingerprint: The secret lies in the correct diagnosis of your skin's unique picture. Our pure, antioxidant-filled products are formulated to deliver optimum hydration and overall results, working in tandem with your skin's inherent ability to renew itself. We select a treatment specific to your skin type and lifestyle and then pamper your skin with the care that it deserves.

### PURE RADIANCE

A unique aromatherapy formulation to relax, purify and hydrate. Pure extracts of marula and neroli combined with a 100% rosehip booster and trademark facial massage, create ultimate radiance and glow.

60 min | R900

### REVIVE & RENEW

We harness the intelligence of bioidentical active ingredients of neroli, rose, marula and ylang-ylang to create an invigorating experience for tired and uneven skin. Completed with a signature lymph drainage massage for a radiant, glowing and energised complexion.

60 min | R940

### GENTLEMAN'S FACIAL

A deep cleansing, exfoliating and balancing treatment for the modern man. Soothes, restores and energises. Complete with our famous African Potato Balm massage.

60 min | R820

## SPA PACKAGES

### SHALATI HONEYMOON CELEBRATION

15 minute couples foot cleanse followed by one guest enjoying a 30 minute back neck and shoulder massage whilst the other gets a 30 minute reflexology foot ritual. The couple then swops over. So each guest gets a reflexology foot treatment and a back neck and shoulders massage.

75 min | R1440/couple

**Due to limited space in our carriage suites we are unable to accommodate couples massages at the same time**

Hours of Service

Spa: 08h00 to 15h00 Monday to Sunday

Please provide 24 hrs notice for spa treatments

